



LILY VASSILIOU, PH.D.

PROFILE International Trainer of Processwork, Conflict Facilitation Trainer, Facilitator, Psychotherapist, co-founder of

Processwork in Greece, Faculty Member of the Process Work Institute, USA, Organizational Change

LANGUAGES Greek (first language), English (Certificate of Proficiency in English, University of Cambridge)

EDUCATION European Doctor of Philosophy in Psychology. Union Institute and University, Cincinnati, Ohio, USA (2006)

Diploma in Processwork (Process-oriented Psychology). Process Work Institute, Portland, Oregon, USA (1999)

Diploma in Social Work. Institute for the Development of Social Work, Athens, Greece (1985)

**Training in General Systems Theory & its Applications to the Sciences of Anthropos.** The Athenian Institute of

Anthropos (A.I.A.), Athens, Greece (1985)

CERTIFICATES European Certificate of Psychotherapy, The European Association of Psychotherapy (EAP) (2010)

PROFESSIONAL EXPERIENCE

## FACILITATION, ORGANIZATIONAL DEVELOPMENT, TEAMBUILDING

Organizer and Facilitator of Public Open Forums (1999 to present) on a wide variety of social issues, such as racism, sexism, homophobia, environmental issues, controversial ballot measures, economics, homelessness, the Israeli-Palestinian conflict, the bombing of Yugoslavia by NATO, the London bombings, terrorism, the global financial crisis and the crisis in Greece, etc., in the US cities of Portland, Oregon, Eugene, Oregon, Seattle, Washington, Huston, Texas, in Beeston, Leeds, UK, and since 2010 in Athens Greece (http://processworkhub.gr/en/open-forums-in-greece.htm).

The Open Forums are an attempt to bring together in a facilitated environment people of diverse cultures, religions, gender, in order to express the various viewpoints about the issues, which divided our local and global communities. Space is provided for the interaction of thoughts, feelings and personal stories. When views are expressed openly, it provides us with the possibility of deeper understanding. We can learn about the experiences of others as well as about our own reactions to those with opposing views. This may enable some of us to open up to new ways of thinking about our differences and to find common ground.

**Organizational Development & Teambuilding** (2000 to present) utilizing process-oriented organizational development ideas to help organizations with internal conflict, communication problems and cultural diversity.

2000, Yachats, Oregon, USA, Meeting of the Drug & Alcohol Abuse Service Providers of the Oregon state.

This meeting was arranged by members of the group to bring forth and work on tensions that had arisen in the group of service providers around diversity issues and leadership.

2006 – 2008, Xanthi, Thrace, Greece, Teambuilding meetings with the group of Christian and Muslim youth animators working with Muslim youth, in the context of the Program for the Education of Muslim Children, organized by the National and Capodistrian University of Athens and sponsored co-funded by the European Union.

These meetings were arranged by the coordinator of the group to address and work on the tensions that had arisen in the group that mirrored the tensions that were present in the local communities.

**2009, Thessaloniki, Greece, Psychiatric Department of a General Hospital**, working with the staff of the psychiatric department and the daycare center offering training in systemic thinking and group dynamics, and utilizing process-oriented teambuilding to address and work with the underlying tensions among the staff, which made work life difficult.

**Conflict Resolution Facilitator** (1999 to present) facilitating small groups of 12- 16 people and large groups of 250 to 300 people from 25-30 countries around the world in the context of the Worldwork Seminars, an international forum for people to come together to focus on social, environmental and political issues utilizing process-oriented

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facilitation methods (Worldwork 1999 Washington DC, Worldwork 2002 Eretria, Greece, Worldwork 2004 Newport, Oregon, USA, Worldwork 2006 Sydney Australia, Worldwork 2008 London, UK, Worldwork 2011 Denver, CO, USA, Worldwork 2014 Warsaw, Poland).

## **TEACHING & TRAINING**

**Trainer in Processwork in Greece (2005 to present)** designing and teaching educational courses and seminars to professionals and the lay public interested in conflict facilitation, group process, relationship work, dreamwork, working with symptoms, working with altered and extreme states, working with panic attacks, coma work, supervision for therapists and counselors.

**Faculty Member of the Process Work Institute Spain in Barcelona, Spain** (2013 to present), trainer in the Diploma of Process Work program.

**Faculty Member of the Process Work Institute, Portland, Oregon, USA** (2001 to present), teacher and trainer in the Master of Arts in Conflict Facilitation & Organizational Change, and the Diploma & Master of Arts in Process Work.

Training involves working with diverse groups of adult learners from different countries and cultures, who go through the four years training together, working as a large group and in smaller peer groups, teaching them the theory and the skills and metaskills involved, while utilizing the diversity issues that arise in the group to illustrate the material and practice the skills that are being taught, with a focus on their development as facilitators.

**International Trainer in Processwork** (2005 to present) designing and teaching educational courses and seminars to professionals and the lay public interested in human behavior, personal, social and organizational change, and conflict facilitation (Portland, Oregon, USA, Zurich, Switzerland, Moscow, Russia, London, UK, and Athens, Greece).

Adjunct Faculty Member of the University of Ioannina (2005 to present) designing and teaching process-oriented psychology courses on utilizing the information present in body experiences for personal and social change to health care professionals (doctors, nurses, psychologists, social workers, psychiatrists, physiotherapists) enrolled in the post-graduate program "Dealing with Pain" of the Medical Psychology Department of the Medical School of the University of Ioannina.

**Associate of the Athenian Institute of Anthropos, Athens, Greece** (2000 to present), teaching courses and seminars in process-oriented psychology to mental health care and medical practitioners undergoing post-graduate training in general system's theory, group transaction, group, couple and family therapy, conflict facilitation.

Member of the Trainers of the Animators in the program "Actions in Neighborhoods" of the Center for Professional Training, of the Municipality of Athens, part of the Action "Sensitization of the host society on issues concerning the integration of immigrants – strengthening of legal residents" (February 6-7, 2013 and February 13, 2013) http://www.geitonia.net

**Trainer in the Program for Intercultural Training** of municipality employees and municipality police officer coming in contact with immigrants organized by the **Panteion University of Social & Political Sciences**, Athens, Greece (AprilJune 2012)

## MENTAL HEALTH COUNSELOR, SOCIAL WORKER

**Mental Health Counselor in private practice** (1996 – present), based in Athens, Greece working locally and internationally, specializing in process-oriented psychology, working with individuals (adults and children), couples and families.

**Cascadia Behavioral Healthcare**, The Royal Palm, Portland, Oregon, USA, (2003) – a housing facility for homeless, severely and persistently mentally ill people.

**River's Way Clinic**, Portland, Oregon, USA (1996) – clinic providing counseling and human development services for individuals, couples, families and groups.

**Portland Health Services**, Portland Oregon, USA (1995) – clinic providing counseling services for low income individuals, couples, families and groups.

Social Worker in Athens, Greece (1982 – 1990) in a variety of settings including a public hospital, a community

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MEMBERSHIP

development program for refugees from Iran and Iraq, a children's hospital program for the prevention and treatment of the abuse of children, and an institution for young children, responsible for organizing the institution's social service, and developing and implement a program for the de-institutionalization of the children and the staff.

International Association of Process Oriented Psychology, (since 2006) www.iapop.com

American Psychological Association (since 2009) www.apa.org

European Association for Psychotherapy (since 2009) (EAC) www.europsyche.org

Greek Association of Psychotherapy (since 2009) (E.Ε.Ψ.Ε.) www.nopg.gr National Association of Social Workers of Greece, (since 1986) www.skle.gr

DIRECTOR OF **ORGANIZATIONS**  Global Process Institute President and Executive Director (from 2005 until its merge with IAPOP in 2013.)

COORDINATOR

OF

International Association of Process Oriented Psychology, 2007 – present (1st International IAPOP Conference, London 2008, 2<sup>nd</sup> International IAPOP Conference, Portland Oregon 2010)

INTERNATIONAL CONFERENCES & TRAINING

COURSES

Process Work Institute, Portland, Oregon, USA, 1997-2005 (Annual Intensive Courses in Process Work)

Global Process Institute, Portland, Oregon, USA, 1993-2002 (Worldwork Seminars: 1993 Waldport, Oregon, USA, 1994 Stupava, Slovakia, 1996 Waldport, Oregon, USA, 1997 Lonavala, India, 1999 Washington, DC, USA, 2002 Eretria, Greece)

Athenian Institute of Anthropos (A.I.A.), Athens, Greece, 1984-1988 (8<sup>th</sup> International Delphic Symposium on Family Therapy, sponsored by the World Psychiatric Association, Athens 1988, The Athenian Symposium for Group Process: East West" sponsored by the International Association for Group Psychotherapy)

SCIENTIFIC CONTRIBUTIONS 2008, "A Process-oriented Approach to Panic Attacks." Deep Democracy Where Fields Meet, IAPOP 2007 Conference Proceedings (p.212-222)

2006, Discovering Meaning in Panic: A Process-oriented Approach to Panic Attacks. Unpublished Dissertation, Union Institute and University http://www.processwork.gr/greek/manuscripts.htm

2002, Mauthausen: A Journey Into History Then and Now. The Journal of Process Oriented Psychology, vol.8 no.2. (p.46-57)

1986, The Contemporary Form of the Important Relationship in the Greek Family. A.I.A. Technical Report, No.29, Athens, Greece.

CONFERENCE June 19-21 2015

PRESENTATIONS

20<sup>th</sup> Congress of European Association for Psychotherapy: Gender and Psychotherapy

Workshop: "Genuine Reactions: A Theatrical Performance & a Dialogue on Homophobia & Transphobia"

December 2014 (Athens, Greece)

Symposium for the 30 Years of the Laboratory for the Study of Human Relations "The Greek Family 30 Years Later" Workshop: "Deep Democracy: The Pulsing Heart of the Processwork Approach"

June 2014 (Athens, Greece)

1st Scientific Conference of the European Antibullying Network (EAN): "The Phenomenon of Bullying in the School and Internet Environment. With the Eyes Turned to Europe."

Workshop: "Prevention of Bullying: Building community in school"

April 2012, Zurich, SWITZERLAND

3<sup>nd</sup> International Association for Process-Oriented Psychology Conference, "Global Burn-Out? Conflict, Crisis and Change"

Workshop: "Worldwork meets Constellation: The Gap between the Rich and the Poor"

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Poster Presentation: "Open Forums in Crisis-Struck Greece"

Award: 2012 IAPOP Worldwork Award for the Open Forums in Athens

November 2010, Athens, GREECE

2<sup>nd</sup> Hellenic Conference of the Greek Association for Drama Therapy & Play Therapy

Presentation: "Pain & Violence: An explosive relationship on a personal, relational and social level."

April 2009, Portland, OR, USA

2<sup>nd</sup> International Association for Process-Oriented Psychology Conference, "Community & Global Health"

Presentation: "Utilizing the dreamlike direction of a team: teambuilding with the staff of a psychiatric department of a General hospital in Greece"

April 2007 London, UK

1st International Association for Process-Oriented Psychology Conference, "Deep Democracy: Where Fields Meet"

Presentation: "Process Work with Panic Attacks"

Poster Presentation: "Teambuilding: Utilizing the Dreamlike Direction of a Team"

November 2006 Timisoara, Romania

2<sup>nd</sup> International Conference on Family Psychotherapy & Systemic Practice

Workshop: "Utilizing Relationships as Fields: An Introduction to Process Work and its Application to Relationship Work"

October 2006 Philadelphia, USA

6<sup>th</sup> Annual Association for Conflict Resolution Conference, "Celebrating Our Past, Shaping the Future"

Workshop: "Facilitating Under Fire: Worldwork Methods for Working with Volatile Conflict Situations"

March 2006 Athens, Greece

XI Annual Conference of the European Association for Counseling, "Counseling in Europe: Theory, Research, Practice and Training"

Workshop: "Panic Attacks: Awakening to Deeper Directions in Life"

REFERRALS Dimitris Damigos, Ph.D. Professor of Psychiatry, University of Ioannina, Medical School, Greece ddamig@cc.uoi.gr

Julie Diamond, Ph.D. Senior Faculty Member, Process Work Institute, USA, julie@juliediamond.net

Arnold Mindell, Ph.D. Founder of Process-Oriented Psychology, USA, arny@aamindell.net

Petros Polychronis, M.D. Director of the Athenian Institute of Anthropos, Greece, akma@otenet.gr

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