



POPI-Slovakia (The Institute of Process oriented Psychology - www.processwork.sk) invites you to a seminar about the topic:

WORLDWORK AND DEEP DEMOCRACY

Navigating the waters of community life

9-11.9.2016 in Kremnica, Slovakia

Led by *Alexandra Vassiliou, PhD* and *Lena Aslanidou, M.P.W.*

Many would agree that Europe is going through difficult times. The economic crisis in the southern European Countries, austerity politics and the debate around their effectiveness, national identities and borders, the refugee crisis, are some of the issues that have been in the media and in people's discussions. We are seeing a rise of xenophobia, racism and homophobia, as well as a rise in extremism and violence.

How do we deal with these issues as communities, whether these are local communities, nations or Europe as a whole? **More than ever in our times we need to develop skills in order to deal with and facilitate the complexities and the conflicts that are present in our human interactions, communities and organizations.** This seminar is based on Process Oriented psychology methods for Worldwork and group work. These methods are used in various contexts in order to facilitate social tensions and conflicts by instigating the dialogue and the relationship between the different parties involved.

In this seminar we will present the theoretical context and we will put it in practice through working individually (inner work) in dyads, small groups and the large group. We will explore: group dynamics and relationships in groups, communities as human fields, stereotypes and oppression and how these appear in human interaction. **This seminar is for anyone interested in understanding and unfolding group experiences, regardless if they are in the role of facilitator or group member.**



Venue: Recreational facility Toliar
Bystricka dolina 526, Kremnica
www.toliar.com
(beautiful surrounding, plus we can help with transport if needed).

Registration registration from 16:00,
seminar: Fri 16:30-19, Sat 9:30-18:00, Sun 9:30-12:30

Language: English with Slovak translation.

CONTACT AND REGISTRATION

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PRICE:

1st rate: countries from Central and Eastern Europe economies:
If you register till **14.8.2016: 125 €**
Registration from **15.8.2016: 150 €**

2nd rate: countries from western or stronger economies:
If you register till **14.8.2016: 160 €**
Registration from **15.8.2016: 190 €**

You will become further infos about payment possibilities after registering. If you have lower income, you can also ask the organizer for **fee reduction** by describing your situation.

Accommodation in Toliar: price for double room 15 Eur with breakfast and dinner (further info after registering).

SEE YOU IN KREMNICA

Worldwork is based on the concept of Deep Democracy. Deep Democracy in our personal lives means openness to all of our inner voices, feelings and experiences. Not only the ones we are familiar with and support, but also the ones we fear and not know well. In relationships, deep democracy means having ongoing awareness of how our differences are also our similarities. In group life it is a willingness to listen and create space for all parts and experiences to be expressed and to be unfolded. This approach includes the different levels of our experience and lies not only on the content but also on our feeling experiences, body experiences, dreams, fantasies, altered states of consciousness.

Info about lecturers:



Alexandra Vassiliou, Ph.D. dipl. POP, is a psychotherapist, conflict resolution facilitator and Process Work teacher who lives in Greece and works locally and internationally. She has developed trainings on conflict resolution and team building for schools, organizations and staff of NGOs. She is a founding member of the Processwork Hub, in Athens, Greece. Together with the associates of the Processwork Hub she designs and facilitates actions in the community that deal with issues of marginalization, human rights and community building.

www.processworkhub.gr



Lena Aslanidou, M.P.W, dipl POP, is a Social Worker, psychotherapist and adult education trainer. She has been trained in Processwork and Systems Theory (Group and Family psychotherapy). She facilitates trainings in Greece and abroad in conflict resolution, group process and community building. Together with the associates of the Processwork Hub she designs and facilitates actions in the community that deal with issues of marginalization, human rights and community building. She has collaborated with private and public organizations in Greece and abroad. She is a founding member of the Processwork Hub. www.processworkhub.gr