

The background of the slide is a vibrant, abstract painting. It depicts a small boat with a red cabin and a white sail, navigating through a sea of multi-colored confetti or small particles. The colors are a mix of blues, greens, reds, and yellows, creating a textured, shimmering effect. The boat is positioned in the lower-left quadrant, moving towards the center.

# The World, We & I: Interconnections

*an in-depth facilitator training*

Achberg, Lake Constance, May 4-8, 2016

with Lily Vassiliou, Ph.D. & Sebastian Elsaesser

As **tensions rise** in the world around us, many of us sense that **we are part of the problem**, and seek ways to **be part of the solution**.

How can we be in situations in which we get extremely polarised, in a way that **catalyses the tension**, rather than further escalates it into war and terrorism?

In this **Processwork** training we will focus on the intersection of worldwork and inner work, the **interconnection between tensions in the world and inner tensions**.

We will **develop skills** to regain fluidity when we get stuck in polarisation, and practice anchoring in our **source of deepest wisdom** in order to gain a **meta-perspective**, from which we can attempt to facilitate interactions and relationships between opposing interests and energies for the **benefit of the whole**.

We will develop skills experientially using **inner work**, **work in dyads**, and **group process**. There will be time for **supervision of projects**, shedding light on them from the processwork perspective, looking at the interconnections with our inner life, the outer context and the world at large.

This training is an **open seminar for people interested in processwork's approach to facilitating inner and outer tensions** and at the same time a seminar of the 7th training group in processwork of South Germany.

For more information & how to register see page 2

## Processwork

Processwork is an awareness based practice developed by Dr Arnold Mindell and colleagues. It is a multi-dimensional approach to human experience. Its philosophical roots draw from Jungian Psychology, Taoism, Physics and Systems Thinking.

Mindell postulates that underlying our experience is a *subtle field, an organising intelligence*, which we experience as the subtle sense of being moved by the universe's gravity field. Being in contact with the space between us, through this subtle movement feeling, is being in contact with a *system mind*. It brings forth a sense of flow, out of which non-cognitive wisdom emerges non-linearly, needed to facilitate inner and outer conflicts.

Awareness of the multiple dimension of our experience transforms our relationship with ourselves and the world around us.

Processwork has been used to facilitate human experience in a diverse range of settings around the world including working with individuals, relationships, groups, organisations, and communities.

### To register:

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### Date & Time

May 4-8, 2016

Beginning: Wednesday 7 pm

End: Sunday Saturday 2 pm

### Training Location

Humboldt Haus  
Achberg, Lindau, Lake Constance

### Language

German & English

### Course Fee

480€

### Full board

35€

### Accommodation

Dormitory: 19€

Twin room: 30€ to 34€

Single room: 43€



Lily Vassiliou, Ph.D., PW.Dipl.

has a background in social work, systems theory, and group dynamics. Together with colleagues she brought processwork to Greece. She is the co-founder of Processwork Hub in Athens, a faculty member of the Processwork Institute in Portland, Oregon, USA, and of Processwork Spain, and works in Greece and internationally as a processwork trainer, psychotherapist & facilitator. Lily has facilitated open forums in the US & the UK, and since the economic crisis hit Greece, she has co-facilitated open forums in Athens to work on the rising tension. She is acutely aware of escalating tensions on the planet and seeks ways to be actively involved in working with them.

[www.processworkHub.gr](http://www.processworkHub.gr)



Sebastian Elseasser, Dipl.Psych.

Psychotherapist in private practice, training analyst and supervisor in processwork in Stuttgart and Zürich since before 1981. Previously, co-director of a hospital for psychosomatic medicine, founding a psychotherapeutic approach for borderline patients. Training in organisational development. Founder and coordinator of the training curriculum in processwork in South Germany since 1992. Counselling for organisations and leadership, work-, life- and project-supervision. Research in altered states of consciousness and healing, mainly in Brazil. Seminars and teaching in Latin America. Research and teaching in communication with people in coma and strongly altered states of consciousness, mainly in intense care units. Worldwork, encounter and conflict resolution in various cultures. Foundation and development of an open school for working on yourself, meditation and acting in the world.

[www.se-elsaesser.com](http://www.se-elsaesser.com)