

# Ethics Day – Supervision Intensive & Movement Training Day

5 July – 9 July (10.00h – 17.30h)

Centro Civico, Barro de Viver



Trabajo  
de Procesos.  
La Escuela



These training days focus on your skill development as a facilitator. Our aim is to help you find your own natural way, to refine your skills, and style and to be more at ease. The supervision will be in a smaller group format to facilitate support and focus on skills and metaskills in individual facilitation.

It is possible to sign up for individual days (in case it is not possible to attend all 5 days of training). **We will focus on the following:**

## Ethics Gateway Thursday 5

**Boris Sopko & Anna Espadale**

We will learn about our ethical responsibilities as individual and group facilitators, including consensus reality and dreaming level dimensions. Our focus will be on feedback as the ethical regulator within therapeutic & facilitation settings. We will learn about creating safety in therapeutic practice, protocol around suicidal risk, confidentiality, relationship with other professionals, making contracts, initial sessions, ending of therapeutic process, multiple roles. There will be time for case supervision & questions.

This Ethics day will support you in your practice with clients. We highly recommend that every student come, especially those of you who need a refresher or are in the process of finishing Phase 1 exams and/or starting phase 2.

## Supervision Intensive Thursday 6, 7 & 8

**Kate Jobe, Lily Vassiliou & Gill Emslie**

These three days will emphasize individual and team practice with specific training focus in the following areas:

**Day 1** skills for facilitating using the mysteries of more fluidly using the movement and non-verbal experience

**Day 2** skills for working with panic attacks – working with proprioception and altered states

**Day 3** skills for working with relationship edges within ourselves; in our own conflicts and in relationship.

## Movement Day Monday 9

**Kate Jobe** Taking it beyond the basics

Taking it Beyond the Basics is designed to expand your movement work possibilities. It is aimed at helping you feel more comfortable in the movement channel and make your experience, both with yourself and with your clients, more fruitful. We know that movement work is a powerful tool for facilitators, therapists and coaches as we work with individuals, couples, teams and groups. Yet, it is not always easy to “change channels” and make use of movement’s gifts.

We will use movement practices based in Laban Movement Analysis, coupled with the Process Work philosophy and theory to explore nuance and subtlety that unlocks keys to fluid depth in unfolding experience in the movement channel.

**In this seminar we will focus on:**

- > Using your own movement to inform therapeutic choices
- > Diving into qualities - what is behind the movement?
- > Using symbols instead of language
- > Tuning up your movement skills for communication instead of understanding
- > Connecting to your deepest self as a facilitator to enhance communication

For trainer bios and more info

<http://trabajodeprocesos.net/la-escuela/profesorado>

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[info@trabajodeprocesos.net](mailto:info@trabajodeprocesos.net)

[www.trabajodeprocesos.net](http://www.trabajodeprocesos.net)